

Old Testament Themes with Hand Motions

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A lady from my church made up these hand motions for our Old Testament class:

Book	Theme	Motion
Genesis	Beginnings	Hold arms as if holding a bat, preparing to hit a ball (big innings).
Exodus	Redemption and Deliverance	Left hand flat with palm up as if holding money. Right hand "Takes the money" from the left hand and extends it to the person being paid. Bring right hand back to heart.
Leviticus	Worship and Holiness	Make a sign of praying hands. Left hand flat, right hand turned down wipes across palm of left hand.
Numbers	Wandering and Disbelief	Fingers of right hand walk in drunken pattern on left hand.
Deuteronomy	Renewed Covenant	With right hand make a sign of taking off wedding ring and putting it back on.
Joshua	Conquer and Divide	Make a sign of taking your sword from your side and lift it high. Then drop it straight down.
Judges	Failure Through Compromise	Draw a downward spiral in the air with your finger.
Ruth	Kinsman Redeemer	Hold right arm out to the side as if putting your arm around a family member. Then hold left hand flat with palm up as if holding money. Right hand "takes money" from left hand and extends it to the person being paid. Bring right hand back to heart.
1 Samuel	Leadership Transition	Bring right fist down on flat left hand signifying a judge's gavel. Then make a crown with both hands on your head.
2 Samuel	The Reign of David	Right fist raised, slightly pointed forward, as if holding a scepter in your hand. Then bring it down and hold your fist over your heart.
1 Kings	Faithful (United) We Stand, Disobedient (Divided) We Fall	Left hand flat, palm up. Index finger and middle finger of right hand "stand" on left hand to signify a man standing. Then have the "man" fall over.

2 Kings	Divided We Fall	In one quick motion, have “standing man” (from above) fall.
1 Chronicles	Spiritual Perspective of David	Put your right hand to your heart (spiritual perspective), then make a fist over your heart (David).
2 Chronicles	Spiritual Perspective of Kings (Solomon and Judah)	Put your right hand to your heart. Then make a crown on your head.
Ezra	Return from Babylon	Wave right arm as if motioning someone to follow you (return). Hold arms as if cradling a baby (“baby”lon).
Nehemiah	Rebuilding the Walls	Put one fist upon the other fist and repeat (re “building”). Then circle arms straight out in front of you (walls).
Esther	Divine Providence	Point to the Lord. Then with both hands cupped together over your heart, extend them forward as if giving a gift to someone.
Job	God's Sovereignty	With one hand, palm up, cup your fingers.
Psalms	Worship	Make a sign of praying hands.
Proverbs	Wisdom	Put one hand on top of your head at the front. With the other hand, point to God.
Ecclesiastes	Vanity	Mime putting on lipstick while you flutter your eyelids.
Song of Solomon	Marital Love	Point to your wedding band (or place reserved for such), and then with both arms, hug yourself.
Isaiah	Salvation is of the Lord	With both arms, make the motions as if pulling someone in (from the sea) on a rope. Then point to the Lord.
Jeremiah	Judah's Last Hour	Point to your watch.
Lamentations	Mourning	Wipe tears away from eyes with hands or fists.
Ezekiel	Condemnation and Consolation	Shake fist, pat your back.
Daniel	God's Sovereign Plan for Israel	Point to God. With one hand out in front, palm up, cup your fingers (sovereign) and then put it to the back of your head signifying the yarmulke (Israel).
Hosea	Loyal Love (pledged)	Put right hand over heart as we do in pledging allegiance to the flag. Then with both arms, hug yourself.
Joel	The Day of the Lord	Right forearm on top of left forearm out in front of you. With your right

		<p>hand fingers, make a sun with “rays.” Raise your right hand (sun) to 12 noon to signify a “day,” then point to God.</p>
Amos	Judgment of Israel	<p>Bring right fist down on left hand, signifying a gavel (judgment). With right hand cupped, put it to the back of your head, signifying the yarmulke which Orthodox Jewish men wear.</p>
Obadiah	God's Justice and Edom's Judgment	<p>Point to God. Then hold hands flat out in front of you with the palms up. Lift and lower your hands in the opposite direction to signify scales weighing something (justice). Then bring first down on left hand, signifying a gavel (judgment).</p>
Jonah	God's Compassion	<p>Point to God. Then with both hands, walk fingers from the eyes down the cheeks to signify tears.</p>
Micah	God's Justice	<p>Point to God. Then hold hands flat out in front of you with palms up. Lift and lower hands in opposite direction to signify scales weighing something.</p>
Nahum	Nineveh's Judgment	<p>Hold up 9 fingers (nine 'vahs'). Then bring right fist down on left hand, signifying a gavel.</p>
Habakkuk	Faith	<p>Hands over eyes (we walk by faith, not by sight).</p>
Zephaniah	Judgment & Restoration in the Day of the Lord	<p>Bring right fist down on left hand, signifying a gavel (judgment). Then with your right forearm on top of left forearm, make a sun with 'rays' with your right hand, and bring the sun to the 12 noon position. Point to the Lord.</p>
Haggai	Reconstruction of the Temple	<p>Fist on top of fist, repeated, to signify construction. Use both hands to make church with steeple.</p>
Zechariah	Preparation for the Messiah	<p>Use both hands to make a trumpet and hold to mouth. Indicate nail prints in each hand, then point to God.</p>
Malachi	True Worship of the Lord	<p>Index finger starts at mouth and moves straight forward (straight speaking). Clasp hands as if in prayer. Point to God.</p>